

Story 80: The First Psalm

Psalm 1 is the first psalm in the Bible. Each psalm has a number so that it can be found easily. Psalm 1 is short but it is full of wisdom. It tells about the kind of person who is happy. This person listens to God and obeys Him. His life is filled with good things. He gives good things to other people and makes them happy, too. God helps this person stay strong all of his life. This psalm also tells about the kind of person who does not have a good life. This person has rejected God, and will not listen to Him. He is not truly happy in his heart in this world. His life after he dies will be very bad.

Read Psalm 1 in the Bible

Words to Know

wisdom – to know how to make the best choice

Questions

1. Why does each psalm have a number?
2. What does Psalm 1 talk about?
3. Who does a happy person listen to?
4. A happy person's life is filled with what?
5. What does a happy person do for other people?
6. What helps this person stay strong all of his life?
7. How is the person who rejects God different from the one who listens to God?
8. What can a person who rejects God expect after he dies?

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